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Author Donna Maria
is an attorney,
aromatherapist,

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podcaster, blogger, YouTuber, and the founder and CEO of The Indie Business Network. Her book Making Aromatherapy Creams & Lotions is a must-have collection of tips and recipes for creating unique body care products. Her articles have appeared in such

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vegetables!) as well as information on which aromatics and natural products are best for each skin type. The chapter on Complementary Materials contains some of the best descriptions that I've read for fixed oils ...

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All essential oil lotions, creams, and salves start with a carrier oil or a blend of carrier oils. For example, if you want a thick cream, you would start with coconut oil. This is solid at room temperature but melts in your hands.

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Using Essential Oils to Make Luxurious DIY Lotions

How to make: 1. Take a double-glass boiler and melt the beeswax, almond oil (or other liquid oil), and shea butter (if using) in it. 2. Once cool, mix it well using a blender. 3. Add the vitamin E and any essential oils. 4. After adding the

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oils, slowly start
adding the aloe vera
gel and use a ...

Revitalize

Essential Oil
Combinations For
Lotions and Best
Recipes

Combine almond oil,
beeswax, coconut oil
and shea butter in a
double boiler. When
the water heats,
occasionally stir the

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ingredients. Then, add vitamin E oil and essential oils or vanilla if using. Pour this mixture into a jar for storage.

Top 17 Best Easy Homemade Body Lotion Recipes for Dry Skin

Author Donna Maria is an attorney, aromatherapist,

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podcaster, blogger, YouTuber, and the founder and CEO of The Indie Business Network. Her book Making Aromatherapy Creams & Lotions is a must-have collection of tips and recipes for creating unique body care products. Her articles have appeared in such

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Natural Formulas to Revitalize Nourish Your Skin. Nourish and revitalize your skin with your own handcrafted creams and lotions. Donna Maria shares her simple five-step method for creating fragrant all-natural body rubs, facial creams, lip balms, moisturizers, and

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Creams Lotions: 101

Natural Formulas ...

Combine the almond oil, coconut oil, beeswax, and shea or cocoa butter if using, in a double boiler or a glass bowl on top of a simmering pan of water. Stir

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occasionally as the ingredients melt. When all ingredients are completely melted, add the vitamin E oil if using and any essential oils or scents like vanilla.

Homemade Lotion Recipe | Wellness Mama

Clean everything with hot soapy water, then

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swab with rubbing alcohol or vinegar, and let air dry. In a heat safe glass bowl, combine the sweet almond oil, mango butter, cocoa butter, and beeswax. Place the glass bowl on top of a saucepan partially filled with water, over medium heat. This creates a type of double boiler.

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Nourish and revitalize your skin with your own handcrafted creams and lotions.

Donna Maria shares her simple five-step method for creating fragrant all-natural ...

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