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4 PART 1 NUTRITION BASICS AND APPLICATIONS

Daily Reference Values (DRVs): a set of values that covers nutrients, such as fat and fiber, that do not appear in the RDA tables. Expressed as % Daily Value (%DV).

Diet: (a) the foods that a person eats most frequently; (b) food considered in terms of its qualities and effects

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Nutrition : Science and Applications (Study Guide) 3rd ...

Nutrition Science and Applications 4th edition is an introductory book on nutrition. Lori A Smolin and Mary B Grosvenor are book authors. Both authors have extensive knowledge of nutritional sciences.

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